

Covid-19 Risk Document

Version 1.0 June 2020

Activities covered by this document:

- All Peak Instruction led activities

Covid-19 Risk Assessment

The following risk assessment is to be considered in conjunction with the specific risk document for each activity we run. This risk assessment only focusses on Covid-19 related risk and mitigation.

Hazards	Risk	Control Measures	Notes
Encountering a symptomatic Cv-19 carrier in the group Staff, participants or members of the public	High	At the point of booking, customers & staff are asked to declare if they have or might have been exposed to Covid-19 in the last 14 days. A no-pressure reschedule policy will encourage people to disclose any exposure without fear of losing their money or booking.	Residual risk LOW Use of AMI created Cv-19 questionnaire for all bookings.
Encountering a non-symptomatic Cv-19 carrier in the group Staff, participants or members of the public	Moderate	At the point of booking, customers & staff are asked to declare if they have or might have been exposed to Covid-19 in the last 14 days. A no-pressure reschedule policy will encourage people to disclose any exposure without fear of losing their money or booking.	Residual risk LOW Use of AMI created Cv-19 questionnaire for all bookings.
Encountering a Cv-19 carrying member of the public at the activity location Staff & participants	Low	Using outdoor venues does reduce the risk of Cv-19 transmission already. By further limiting the exposure to members of the public, the risk is reduced even more. Instructors should actively seek to use locations that are not overcrowded and allow for social distancing. Honeypot areas should be avoided on busy days.	Instructor has freedom to change venue if they do not feel safe.
Contacting a surface infected with Cv-19 at the activity location Staff & participants	Low	Using outdoor venues does reduce the risk of Cv-19 transmission already. By having everyone wear gloves whenever practical, the risk can be further reduced. All participants should be reminded to wash or sterilise their hands after contact with any surface. All participants are encouraged to bring their own bottle of alcohol gel for use during activities. We will provide hand washing facilities for the end of the activity.	Washing up bowls, water & soap added to activity kit lists.
Contagious person accidentally transmitting Cv-19 via shared equipment Staff & participants	Moderate	Any item of PPE (helmet, harness, gloves etc...) can only be used for a single person before it must be disinfected. This includes trying on items of different size. At the end of the session, all PPE used will be bagged separately to any spares, so that it can be isolated and disinfected before it is next in use. Items that must be recycled during the activity (belay devices, karabiners etc...) will be wiped down periodically with an appropriate disinfectant and participants are encouraged to wear gloves and reminded not to touch their faces before washing hands.	Cleaning wipes or cloths and disinfectant spray added to activity kit lists. Residual risk LOW
Person accidentally contracting	Low	All items used on activity sessions will have been disinfected prior to use. This will happen in one of 2	

Cv-19 via activity equipment. Staff & participants		ways. 1. Use of a disinfectant in accordance with the manufacturers' guidance. 2. The isolation of the equipment for 3 full days which allows the virus to die off prior to the kit being reused. Whenever possible, both steps will be taken. No PPE is to be reused between participants without having been disinfected.	
Transmission of Cv-19 between people involved with the kit logistics Staff	Low	Equipment, wherever possible, is packed and placed in bags 3 days prior to the booking. It can then be transferred from the equipment store to the staff member in the bags. The equipment can be removed from the bags for the session by the instructor. After the session, the equipment is bagged or bucketed and returned to the store or equipment manager. Gloves are used in the transfer and all parties immediately wash hands when complete.	Heavy duty plastic bags added to activity kit list.

Disinfection Procedure

Either of the below methods may be used or both.

1. Isolate equipment in an open-air environment. The virus will die off and the gear can then be cleaned and dried or reused with normal Cv-19 personal hygiene measures in place. Times vary by brand.
2. Disinfect equipment using the manufacturers' recommended method.

Petzl:

https://www.petzl.com/INT/en/Professional/News/2020-4-17/Recommendations-for-disinfecting-your-equipment?utm_source=emailing&utm_medium=email&utm_campaign=2020-web-animation&utm_content=news-clean-ppe-EN

72 hour quarantine. As a backup, wash with pure soap around 30-60°C but they don't guarantee effectiveness.

DMM:

<https://blog-cdn.papertrail.io/wp-content/uploads/2020/04/30144224/DMM-COVID-19-Gear.pdf>

Time – Leave in quarantine for at least 72hrs; and/or Wash – In 30° C clean domestic grade water with liquid soap in the pH range 5.5 to 8.5 for 15

Singing Rock:

https://blog-cdn.papertrail.io/wp-content/uploads/2020/04/17095236/SINGING_ROCK_OFFICIAL_DISINFECTION_PPE_STATEMENT.pdf

30°C for 15 minutes with pure soap or 1 week quarantine. No hotter than 55°C.

Beal:

<https://www.beal-planet.com/en/how-to-disinfect-beal-textile-ppe/>

72h quarantine, or sink the product into Isopropyl (or Isopropanol) alcohol for a duration of 30 to 60 seconds. Let the products dry by suspending in a well-ventilated room (due to alcohol vapours), in fresh air at ambient temperature, away from direct sunlight. Leave to dry for 24 hours. Do this no more than 10 times per item!

Teufelberger:

<https://www.teufelberger.com/en/products-services/safety-and-rescue-ropes/application-specific-menu-safety-and-rescue-ropes/covid-19-corona-virus-rope-disinfection.html>

Ropes can be disinfected by being submerged in a solution of 70% Isopropanol and 30% Distilled Water for 3 minutes maximum.

Edelrid:

https://blog-cdn.papertrail.io/wp-content/uploads/2020/04/17101011/EDELRID_Statement_Disinfection_PPE_20200324.pdf

70-100% isopropanol to disinfect our PPE products as the performance will not be altered by it. Soak 24h and dry 24h.

Declaration of exposure or symptoms

Staff

Staff booked for work must declare to Pete Knight if they suspect have been exposed to someone with Cv-19 as soon as they become aware of that. If there is not 14 days between the declaration and the booking date, they will need to be replaced as the instructor for that date.

Staff booked for work who become symptomatic or have a confirmed diagnosis of Cv-19 must declare that to Pete Knight as soon as they are aware of that fact. They may not work until either a medical professional has cleared them for the job or 14 days has passed.

In both cases, alternative staffing will need to be employed or the activity cancelled. In either case no payment is to be made to the instructor who cannot work, but we will ensure that they receive work or equal or higher value as soon as we are able to offer it once they recover.

Participants

All participants are asked to declare infection disease on their booking form.

This will be checked prior to the activity date by the office.

On the morning of the activity, the instructor present will again ask the participants if any of them have developed symptoms or been knowingly exposed to someone with Cv-19 in the last 14 days.

Anyone who declares symptoms or contact with an infected person will not be allowed to take part in activities. Rescheduling will be dealt with by the office and instructors should inform he participant to contact Pete Knight.

END

3/6/20