

Woodland Adventure Day Client Information

Firstly, thank you for booking on to or enquiring about our activity day. If you have any questions about what you need or what is involved during the activity and you cannot find the answers in this document, please do not hesitate to email info@peakinstruction.com or call Pete on 07812038233.

What does to activity involve?

Over the course of the day, you'll get to enjoy some archery, learn some bushcraft skills and have a go at a tyrolean crossing. Not always in that order but it'll all be done during your time with us.

After meeting your instructor at the car park, you will walk 200m up to the main camp area where you will start your first activity. Over the next few hours you will need to walk approximately 200m around the woods on steep and rough ground. Once finished, you will then need to walk back to your car.

You will need to wear a helmet and harness during the tyrolean activity. You must contact us at the time of booking if your body dimensions (with clothing) lay outside any of the following figures as we may need to source other equipment before your booking date.

Head diameter (with hair): 48cm to 61cm (19 to 24 inches)

Waist: 60cm to 120cm (24 to 48 inches)

Leg width at thigh: 42cm to 66cm (16 to 26 inches)

There is a 120kg upper weight limit on this activity.

What timings do I need to know?

Your activity will have been listed with a specific time when you booked on. You need to be at our car park and ready to leave your vehicle for this start time please. We suggest you arrive around 15 minutes before your start time to make sure you are ready and the session can start on time. If you are running late and may not get to us on time, it is important to call the number at the top of the page so that the instructor can be informed and you can be given directions or instructions on what to do if you arrive late. We will wait for up to 10 minutes after the start time but after that, your activity will begin without you. If you arrive late, you will be able to join in but will have missed out on some of the activity time.

The activity will run from 4 to 5 hours after the scheduled start time and includes short breaks between activities and a 30 minute lunch break. For example, if your start time is 10am, you can expect to finish by around 3pm.

Where do we meet?

Our site is known as Walker Brow Woods and is on Macclesfield Road in Whaley Bridge. You can walk here from the village, local bus stops or come in a car. If using a sat-nav to find us, you should stop using it once you are on Macclesfield Road and rely on the written instructions instead. The sat-nav will take you onto the wrong lane (private road) and you won't be able to access the woodland from there.

When at the car park, please park neatly and close to other vehicles as we have limited space available. Please do not block access to the track or gate and do not park outside the houses adjacent to our gate. If there are space issues, our instructor will give you parking instructions when you meet them.

[Click](#) for Google Maps.

For sat nav users, the closest house is at the following address:

197 Macclesfield Rd, Whaley Bridge, Derbyshire, SK23 7DR

Please note this is not our address and will not bring you to our entrance turn in, just to the right area.

If approaching from Whaley Bridge on Macclesfield Road, follow the road uphill, round a tight left-hand bend. Drive slowly here please, as the turning is very quickly upon you and you should indicate left as you are coming around the bend to give notice to the cars behind. Just before the 50mph sign, turn left onto a gravel lane, where 2 domestic garages are visible.

If approaching from Kettleshulme direction, turn right onto the gravel area, immediately after the 30mph speed limit signs as you enter Whaley Bridge, before the sharp right-hand bend.

There should be an orange coloured, Peak Instruction sign on the verge by this turn in in. Go onto the gravel driveway the past 2 white-doored garages and right, through our gate. Park inside the gate here and await your instructor.

What do I need to bring?

- You should dress as appropriate for the weather on the day. When the weather is bad we recommend full waterproofs and plenty of warm layers. If the weather is very hot, please can you still wear full length trousers to protect your legs from cuts and scratches as we move through the woods and have a long sleeved top available to put on for some of the activities. Shorts are not really appropriate.
- You must wear shoes that fully cover your feet. Sandals, flip-flops or crocs will not be permitted. Walking boots, trainers with good tread or snug-fitting wellingtons are appropriate.
- If you have long hair, please have or be prepared to tie it back for the activities.
- You will need your own lunch and drinks. You don't have to carry these around with you as there is plenty of time to walk back to your car at lunch time.
- Bring any medication you normally carry with you when away from home, e.g. asthma inhalers, epi-pens etc...

Facilities

None, it's a woodland! There is a very basic composting toilet area but nothing else in our natural site. You should bring everything you need for your own comfort and sustenance.

Info in a nutshell

- Please be there 15 minutes before your start time.
- Please wait to be met in the car park.
- Please wear appropriate clothing and good shoes.
- Please bring medication.
- Please bring a hair tie for long hair.
- Please have fun!

See you there!

Frequently Asked Questions

Can I bring a camera or helmet-cam?

Sure thing! We don't have camera mounts on our helmets but you can use an elastic head cradle if you have one.

Can I bring a dog?

Sorry but no. We have a no dogs policy due to fires, cliffs and children playing.

Cancellation Policy

Our full terms and conditions, including data protection information, can be viewed on our website;

www.peakinstruction.com

We will only cancel the activity as a very last resort. This may for example happen when there are weather conditions on the day that make it unsafe to run the activity. We will offer you a new date or refund your booking.

Once you have booked, we will only refund any places cancelled if we are able to resell your places on that activity slot. If you do not turn up for your activity, we will not refund you. If you arrive very late you will still be allowed to take part but any activity already finished will not be revisited and the day won't be extended.